

HELEN LUCAS

ACTRA

Height: 5'6"
Weight: 145 lbs
Eyes: Brown
Hair: Brown

SELECTED MEDIA

The Vengence Circle	Detective	Vengsplay Prod.	OdetteBlanch
Boozin & Cruisin-Not "1999"	Party Goer Ex girlfriend	CL Prod. Techne & Cinema Prod.	Nancy Ward Nick Tyrovolas
Something Borrowed Something Blue	Wedding Guest	Tough Girl Prod.	Chris Brown
Molson Ultra Dry	Bar Patron	Cuppa Coffee Prod.	Phil Merritt

SELECTED THEATRE

Duke Redbird's Open Stage (Poetry Reading)

TRAINING

ACTRAWORKS APPRENTICE COURSE

Cindy Tanas

Audition Workshop

Monologue Workshop

Voice Dialogue/Sub-personality Workshop

Scene Study (Eric Morris-method)

Commercial Weekend Workshop

Acting for Film/TV

SPECIAL SKILLS AND HOBBIES

Origami (paper designs) construction, Draw & Paint