



**LIIS
WINDISCHMANN**

ABOUT

I have been in television & fashion in various aspects for almost 25 years and love working with new crews, new challenges and experiences. With a background in improv, I find live TV appearances especially fun.

PROFILE

ACTRA

Height - 5'10 | Hair - Brown | Eyes - Blue

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SOCIAL MEDIA

Instagram | Twitter | Facebook | Pinterest

@LIISONLIFE

TV GUEST HOST

Size Diversity Style Expert

The Marilyn Denis Show

Steven and Chris

Canada AM

BT Toronto

BT Calgary

CHCH Morning Live

Mindful Living Expert

BT Toronto

TV APPEARANCES

Body Image & Body Positivity

Diversity in Fashion

Top Model Interviews

CBS News, CBC News, ET Canada, Canada AM, MTV, The Gill Deacon Show, In Fashion, Changing Lives, Open Mike With Mike Bullard, Global News, Me-TV, Girl Talk

TV Shows

Personal Appearances

The List, Plastic Makes Perfect, How to Become a Model

Modelling Appearances

Cityline Fashion Fridays (18 years), Fashion TV, Fashion File

OTHER FUN STUFF

**TEDx Speaker, Soul Homework Podcast Host,
Creator Falling Into Zen - 10 Guided Meditations
Under 10 Minutes, Mindful Living Expert**