

HELEN THOMAS

ACTRA

Fluent: Arabic **Partial:** French, Italian, and Spanish.

Height: 5'5" **Weight:** 70 KG **Hair:** Light Brown **Eyes:** Brown **Shoe Size:** 9 **Dress Size:** 10/12

FLIM

Jimmy's Pub	Actor	Sammet Entertainment/Chris Forrest
Interlude	Principal	Ryerson Production/David Elliot
Dusty Heights	Actor	Zen Production/Adam Hutchenson
My Big Fat Greek Wedding	Actor	HMBW Productions/Joe Zwick

TELEVISION

Veritas	Principal VO	ABC/V Truth Productions/Lain Paterson
The Hades Factor	Actor	Film Tryst Inc./Mick Jackson

COMMERCIALS

Nike "Of Course"	Principal	BC Production Inc./Michael Mann
------------------	-----------	---------------------------------

THEATRE

Tony & Tina's Wedding	Grandma Nunzio	The Second City/Jay Leggett
Rites	Dot	Pickering Players/Eileen O'Leary
Everybody in the Garden	Jenny	Toronto Players/Christina Jackson
Everybody loves Opal	Gloria	East York Players/Roseanne Smith

TRAINING

University of Toronto	BA Urban Economics
Audition Techniques	Janet Laine Green
Improvisation-The Second City	Allan Guttman/Rose Dublin
Sheridan College/SIRT/ACTRA Level 1	Bronwyn Halliday/Spencer Idenouye
SIRT/Pinewood Toronto Studios Level 2	Spencer Idenouye/Michael Irwin

SPECIAL SKILLS

Cooking, Cross Country Skiing, Home Renovations, Knitting, Sewing, Swimming, Teacher and Office Executive.

INTERESTS

Baseball, Basketball, Billiards, Bowling, Chess, Landscaping, Painting Water/Oil , Squash, Tennis.