



LYDIA LAU

ACTRA Member

TELEVISION / INTERNET

Fortunate Son	Actor (waitress)	CBC
Heartland	Actor (nurse)	CBC
AT&T (commercial)	Principal Performer (Chiefs Fan)	Critical Mass
Tin Star	Actor (nurse #2)	Kudos
The Parent Council (Web Series)	Principal (Leticia)	Round Two Productions
Young Drunk Punk	Principal (principal)	Accent Ent. / Seven24 Films
Fargo (TV series)	Actor (maid)	MGM & FX
Workplace Safety	Secretary	White Iron Studios
Creating a Climate of Change	Host	Black Media Works

FILM

School of the Dead	Lead (Hwang)	SAIT – Film production
Ginger Snaps 2 – The Sequel	Principal (Koral)	49th Parallel
Rat Race	Stunt Performer	Paramount Films
The Claim	Actor (Li)	Revolution Films

VOICE WORK

Gerhard The Tuba	Principal (Yoko)	Four Square Prod. Can. Ltd.
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TRAINING

- *Film & Television Acting Workshop* with Ann Fory
- *The Camera Loves You* with Chantal Perron
- *One Day On Camera Audition Workshop* with Rhonda Fisekci
- *Introductory Voice Workshop* with Six Degrees Music and Productions
- *An Intensive Acting Workshop* with Stuart Aikins
- The Canadian Casting Centre's *Audition Hell* workshop with Peter Skagen and Jackie Lind
- *American Dialect Class* with David Lerigny/LeReaney
- Sound operator for Maple Salsa's production of *The Blue Room*
- *Business of Show Business* with Tom Logan
- Reporter and Student representative for NUTV (News University Television Society)
- Acting, costume design and technical theatre as part of a University of Calgary Drama minor
- Comprehensive Speech Arts training (studied poetry, drama and speeches)

SPECIAL SKILLS

- Experienced public speaker (courtroom, masters of ceremonies, reporter)
- 11 years of Kung Fu training (weapons: staff and sword)
- Fluent in Cantonese and proficient in French
- Can swim, bike, drive, dance, sing, cook and type 90 wpm

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