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UPPEKHA JAIN - ACTRA



FILMS

Rishta (Award winning short Dir: Silvet Ali)	Lead, Saba	IFFSA '19 Premiere
No Sleep 'Til Christmas (Dir: Phil Trail)	Lizzie's Friend/Bridesmaid	Freeform Productions
Tales of Sin: Trophy (Dir: Jazz Virk)	Lead, Sara	Ophion Films
Moods of Crime (Independent Feature)	Lead, Pooja	Sunil Shah Films (Mumbai)
Luv Ka The End (Commercial Feature)	Principal, Maya	Yash Raj Films (Mumbai)
Gods Come Down to Earth (TIFF 08) (Short)	Lead, Kaali Ma	Divani Productions (Toronto)
I Do. Do I? (Award winning short)	Principal, Priya	Ahluwalia Productions (Toronto)
Home & Native Land (Short)	Lead, Sulekha	Earthtone Pictures (Toronto)
The Night Writer (Independent feature)	Principal, Jenny	The Production House (Toronto)
The Love Guru ('08 Dir: Marco Schnabel)	Performer, Bollywood Dancer	

TV

Titans, S2, Ep 212	Role, News Reporter	Titans Production
Saath Nibhana Saathiya (May '16-Sep'17)	Principal, Monika Modi	Rashmi Sharma Telefilms (India)

Theatre

Eve Ensler's Emotional Creature	Principal Cast	Poor Box Productions
Eve Ensler's Vagina Monologues	Guest Cast	Poor Box Productions
Utter Cupidity	Principal Cast	Sorabh Patel Productions

COMMERCIALS (DOMESTIC)

Multimillionaire Lotto (OLG)	Principal	FCB Toronto
Volvo	Feature Cast	Toronto
Nice & Easy	Principal	Proctor and Gamble
Olympic Promo	Principal	CTV Productions
Oriental Costumes	Principal	Cloud Nine Communications
Amplified Soul	Principal	S&N Productions
Rogers	Principal	Rogers Canada
Sun Life Financial	Actor	Think Brown Productions
Dentist Commercial	Actor	Out There Productions
Bindi Dates	Actor	The Production House
Dr. Gajjar Dentist Commercial	Actor	The Production House
Gift Craft	Model	The Production House

COMMERCIALS (INTERNATIONAL - INDIA)

Koryo Appliances	Principal	https://www.youtube.com/watch?v=NDjVQPJMIW4&t=2s
Hoppits Chocolate	Principal	https://www.youtube.com/watch?v=dA53bO9-2UU
Mumbai Midday Newspaper	Principal	https://www.youtube.com/watch?v=9mYWHmICc-4
Sunsilk	Principal	
Fashionandyou.com	Principal	
Pantene	Principal (Campaign Model)	
Nivea	Principal (Campaign Model)	

Karbons Mobile	Principal (Campaign Model)
Sahara	Principal (Campaign Model)
RIM/Blackberry	Principal
Nycil	Principal
Quantum Management School	Principal
Weston TV	Principal
Maruti	Principal

DANCE

Company A Dancer: **Sampradaya Dance Creations** (Bharatnatyam)

Guest Dancer: **Sanskriti Arts** (Kathak)

Revealed By Fire	Principal Actor/Dancer	Sampradaya Dance Creations
Revealed By Fire World Tour	Principal Actor/Dancer	Sampradaya Dance Creations
Beneath the Banyan Tree	Lead Actor/Dancer	Sampradaya Dance Creations
Song of Mira	Principal Dancer	Sampradaya Dance Creations
Tyagaraja Vaibhavam	Principal Dancer	Sampradaya Dance Creations
Hyphenated	Principal Dancer	Sampradaya Dance Creations
Prakriti	Principal Dancer	Sampradaya Dance Creations

+ Many More

HOSTING

For details please request Anchor Profile

TRAINING- Acting

LB Acting Studio – Toronto – 3 rounds completed with Lewis

IAABS Studies – Mumbai – 3 years

Kishore Namit Kapoor – Acting Lab 4.5 months

Brian Levy, Audition Mastering Workshop

Sears & Switzer, Focus on Film, Intermediate Level – 1 year

Sears & Switzer, Audition Techniques Workshop

The Acting Studio, Advancing the Camera Relationship

TRAINING – Dance

15 years Bharatnatyam under world renowned Lata Pada

7 years Kathak under esteemed Rina Singha, Joanna Das, Pundit Narayan

Shiamak Davar Intensive Dance Training Workshop – winner of most promising student award

4 years Latin Dance with Laura Furtado

2 years Belly Dance with Arabesque Dance Academy

SPECIAL SKILLS

Martial Arts:

Tae Kwon Do, Black Belt

Dance:

Indian: Bharatnatyam, Kathak, Odissi, Bollywood,

Other: Salsa, Merengue, Flamenco, Belly Dance

LANGUAGES

English, Hindi, Urdu, Punjabi

French & Spanish (beginner conversational)