

CARA VOLCHOFF

ACTRA Apprentice

Hair: Brown Eyes: Brown

Height: 5'6" Weight: 200 lbs

Vocal range: Mezzo-Soprano – Belt
(Low F below Mid C, belt to D)

THEATRE

DENNIS CLEVELAND

UNDER THE MINK

MEET THE ARTIST SERIES

MILK & HONEY

JACOB TU TU & THE HOODED FANG

JEKYLL & HYDE (Junior)

OFF THE WALL

12 ANGRY JURORS

CHESS

INTO THE WOODS

GREASE

Talk Show Host

Divine

Host (ongoing)

Host (ongoing)

Judge

Lead/Chelsea

Ensemble

Juror #10

Svetlana

Witch

Cha Cha DiGregoria

Luminato 2008/Mikel Rouse

Buddies & Bad Times

Mirvish Productions

Helix Productions

Theatre Aquarius

Theatre Aquarius

Stage Kids

Randolph Academy

Theatre Aquarius

Theatre Aquarius

Sanderson Centre

FILM & TELEVISION

BILLY GOES NORTH

KARMA'S A B*TCH!

LITTLE MOSQUE ON THE PRAIRIE

LITTLE FILMS ABOUT BIG MOMENTS

URBAN LEGENDS

FORENSIC FACTOR

PARTY MAMA'S

CANADA'S WALK OF FAME

KENNY VS SPENNY

CLASS ACT

GIRL TALK

SUPERSTAR

TODAY'S YOUTH

DESQUAMATE

Bea

Theresa

Chorister

Lead/Sarah

Frances

Fortuna's Wife

Vocal Expert

Godzilla

Acting Coach

Principal (2 eps)

Host

Dancer

Host

Principal

CMT/A&E (US)

Cineflix/Sharon Lewis

CBC

HBO/TMN/Victoria Film Festival

A&E/History/John Griffith

Next Films

Barna-Alper

Insight Productions

Breakthrough Films

Breakthrough Films

Upfront Productions

Paramount Pictures

Cable 14, Hamilton

National Film School

ANIMATION/VOICE

MY JOB ROCKS - SEASON 1-4

G2G "Celebrity Match Up"

Narration

PP/Ms. Communication

Celebrity Announcer

MJR TV/

March Entertainment

RELATED EXPERIENCE

HOME TO WIN

THRIFT HUNTERS

POP QUIZ

Series Producer

Series Producer

Supervising Producer

HGTV/Global

Spike US

E!

TRAINING:

Jazz: Lou Zamprogna, George Randolph, Patti Ross Milne, Richard Smith

Tap: Tara Montague, Bill Orlowski

Ballet: Pauline Zamprogna, Alina Adjemian, Desiree Champion.

Voice: Irene Seyarto, Jose Hernandez, Deborah Tennant

Acting: Ron Singer, Dan Pollack, Louis DiBianco, Lynne Woodman

SPECIAL SKILLS AND INTERESTS:

Conversational French, Drivers License, Piano

Athletics: Golf

Dance: Jazz, Musical Theatre, Choreography, Hip Hop, Contemporary

Interests: Directing, emceeing, stand-up comedy, story producing