

James R. Cowley

Height: 5' 8"
Weight: 170 lbs
Hair: Brown
Eyes: Hazel

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UBCP/ACTRA #: AM-24122

FILM/ TELEVISION

Nectar	Lead	Anthony Zwartouw/Independent
Edmund Turner	Lead	Missy Cross/VFS Production
Mailman (<i>Pitch</i>)	Lead	Nathan George/Independent
Flatmates	Supporting Lead	Michael Robinson/VFS Production
Broker	Lead	Bárbara Hgg/VFS Production
Heir Apparent	Lead	Gerry G. Valdez/VFS Production
Manhunt	Lead	Sara Joni/VFS Production
In the Golden Afternoon (<i>Pitch</i>)	Lead	Chales Hadrian/Independent
Mary Worth	Supporting Lead	Jessi Pamplin/VFS Production
Rent Money	Supporting Lead	Jose Figueroa/VFS Production
Translucent Amber	Supporting Lead	Shayne McRae/VFS Production
Banished - Episodic 1/2	Principal	Patrick Tozer/VFS Production
Stef & Jeff - Episodic 1	Actor	Jay Jang/VFS Production
Young Drunk Punk	Actor	Bruce McCulloch/Seven24 & Accent Entertainment
Decide for Yourself Elections Alberta	Principal	Stir Films/Gov. of Alberta
Dazed	Lead	Nick Light/Independent
Dead to Me	Principal	Richard Kenyon/Independent

THEATRE

Bent (<i>Showcase</i>)	Max	Bill Marchant/VFS
The Best Intentions (<i>Showcase</i>)	Henrik	Kathleen Duborg/VFS
A Lie of the Mind (<i>Showcase</i>)	Jake	Kathleen Duborg/VFS
Of Mice & Men	Curley	Paul Welch/Spirit Fire
The Hobbit	Thorin Oakenshield	Haysam Kadri/Storybook Theatre
Jack the Ripper	Phillip 'Sherlock' Poole	Jeremy MacKenzie/Workshop Theatre
Titus Andronicus	Mutius/Publius	Haysam Kadri/Hit and Myth, Shakespeare Company
Land of the Dead	Townsofolk	Kevin McKendrick/Hit and Myth, Shakespeare Company
Children of Eden	Shem	Colleen Whidden/University of Calgary Operetta
The Shape of Things (<i>Showcase</i>)	Phil	Joe-Norman Shaw/Company of Rogues
A Touch of Grace	Darcy Armstrong	Melissa Dorsey/Urban Stories Theatre
The Lion, the Witch, and the Wardrobe	Peter Pevensie	Erik Eldman/Storybook Theatre
Joseph Amazing Technicolor Dreamcoat	Dan	Byron Redd/Storybook Theatre
Good News	Tom Marlowe	Wendy Doerksen/Holy Trinity

TRAINING

Graduate of Full-Time Vancouver Film School Program: Acting for Film & Television

Voice - Liz McLaughlin/Ian Raffel/Sheila Landston/Rondel Reynoldson/Adam Henderson
Acting - Bill Marchant/Kathleen Duborg/Bart Anderson/Matt Fentiman/Omari Newton/Andrew Moxham/Michael Robinson/Kerry Sandomirsky
Singing - Alisa Kort
Green Screen VFX - Adam Henderson/Tom Belding/Andrew Moxham/Darren Barrowman
Voice Acting - Marijke Hendrikse/Roger Harris

WORKSHOPS

Combat (<i>Rapier, Bo Staff</i>)	Academie Duello
Audition Guerilla	Chantal Perron
Fargo Accent Workshop	David LeReaney
Combat 4 Camera	Steven McMichael
Shakespeare	Richard Kenyon
Essentials of Acting	Company of Rogues, Calgary (Joe-Norman Shaw)

AWARDS

First Place Men's VFS Monologue Competition/CAT Award Nominee: Lead Performance/Calgary Critics Award Nominee: Ensemble

SKILLS

Tumbling/Flipping/Horseback/Gym/Accents: Australian, Non-Regional US/Guitar/Ukulele/Rock-Climbing/Class 5 Drivers (Manual)