

LAUREN COCHRANE

204-294-4334

Laurencochrane28@yahoo.ca

ACTRA Apprentice

Hair: Red Eyes: Brown

Height: 5'11

Weight: 175 lbs

FILM & TELEVISION

THE PINKERTONS "EP 107"
ADVANCED WIZARDS & WARRIORS
THE MOVER'S ep "THE CAKE"
STEEL VIPER FORCE: RISE OF FIERO
A FAMILY THANKSGIVING
ALTER-RELATION
POWER COUPLE PEOPLE
BLOODLINE
LOL
NOT PRETTY REALLY (SHORT)
LOL
KOKANEE SUMMIT

COMMERCIALS

LIST AVAILABLE UPON REQUEST

IMPROV

TORONTO IMPROV FEST
COMEDY PROM
DUOFEST
VANCOUVER IMPROV FESTIVAL
NYC DEL CLOSE MARATHON
LA COMEDY FESTIVAL
CALGARY IMPROV FESTIVAL
TORONTO IMPROV FESTIVAL
A NIGHT WITH THE KINKONAUTS
CAGE MATCH CHAMPIONS
MUNCHAUSEN

THEATRE

WINNIPEG COMEDY FESTIVAL
TORONTO SKETCH FEST
WINNIPEG FRINGE FESTIVAL
DIRTY LAUNDRY
SHIFTING MOZART
ALUMNI SHOW
KIBOSH
PASSION OF THE FLAHERTY
FOR THE 17 OF YOU
INDUSTRY SHOW
YUK YUKS COMEDY REVIEW

TRAINING

IMPROV INTENSIVE
ACTORS INSTRUMENT
MEISNER TECHNIQUE
ACTORS WORKOUT
COMEDY: WRITING AND PERFORMANFCE
(2YRS)
SCENE STUDY
SKETCH WRITING
ACTING TECHNIQUE
PHYSICAL COMEDY
IMPROV STUDY
AUDITION HELL
ACTING FOR FILM & TV

SPECIAL SKILLS

ATHLETIC ENDEAVORS:

MUSIC:

FLUENT LANGUAGES:

ACCENTS:

LARGE PRINCIPAL-ALICE CUNNINGHAM
PRINCIPAL-PATTY
LEAD-CHARLOTTE
PRINCIPAL-DONNA KONRAD
PRINCIPAL-JESSICA
LEAD- JULIE SLOAN
LEAD- KENDRA WOLINSKI
LEAD-JODY NEWMAN
ACTOR/WRITER-DIANE
HERSELF
PUPPETEER/VOICE-GLEN
VJ/HOST

IMPROVISOR W/BUCKO
IMPROVISOR W/BUCKO
IMPROVISOR W/ ROCK AWESOME
IMPROVISOR W/ BUCKO!
IMPROVISOR W/ROCK AWESOME
IMPROVISOR W/ ROCK AWESOME
IMPROVISOR W/ KINKONAUTS
IMPROVISOR W/ LADY STACHE
IMPROVISOR W/ KINKONAUTS
IMPROVISOR W/ LADY STACHE
IMPROVISOR- ENSEMBLE PLAYER

LEAD/CO-WRITER- BUCKO
LEAD/CO-WRITER- BUCKO
LEAD/CO-WRITER- BUCKO
LEAD-DONNA FINK
LEAD- DAUGHTER
LEAD - SHELBY
LEAD- LAUREN
LEAD- VARIOUS ROLES
LEAD- VARIOUS ROLES
LEAD- VARIOUS ROLES
STAND- UP PERFORMER

VARIOUS INSTRUCTORS
AARON GANZ
AARON GANZ
ADRIAN ALITA

SHAWN CAMPBELL
MELODY JOHNSON
LEWIS BEAUMANDER
MIKE KENNARD
ALLAN GUTTMAN
PETER SKAGEN
JOE NORMAN SHAW

BASKETBALL, BASEBALL, SWIMMING, CYCLING, VOLLEYBALL, RACQUETBALL, SOCCER, BOWLING,
BADMINTON, FOOTBALL, HOCKEY, TABLE TENNIS, BILLIARDS, CANOEING, FRISBEE,
SINGING
ENGLISH
ENGLISH ENGLISH (CANADIAN),ENGLISH(STANDARD AMERICAN) AUSTRALIAN, REGIONAL BRITISH,
SCOTTISH, TEXAS, LOUISIANA/GEORGIA, MINNESOTA/NORTH DAKOTA, BOSTON, NEW YORK

BUFFALO GAL PICTURES/JEFF BEESLEY
ROYAL AWESOME SOCIETY/AARON MERKE
TONY'S BOY PROD/ WILLIAM MINSKY
STATE OF FLAME PROD/ CURTIS GRAHAUER
HALLMARK CHANNEL/ NEILL FERNLEY
STUDIO 103 PROD/ LAUREN COCHRANE
FALSE IDLE PROD/AARON MERKE
SECRET SLIDESHOW PROD/ TOM MARTENS
MUCH MUSIC, CHUM/ KEN KATIGBAK
MARBLE MEDIA/ MARK MCKINNEY
MUCH MUSIC, CHUM/ KEN KATIGBAK
A-CHANNEL PROD./BECKY HEATON

COMEDY BAR/TORONTO
PURPLE ROOM/WINNIPEG
PHIT/PHILIDELPHIA
PERFORMANCE WORKS/ VANCOUVER
HUDSON GUILD THEATRE/NEW YORK
MCCADDEN PLACE THEATRE/LOS ANGELES
ENGINEERED AIR THEATRE/CALGARY
BAD DOG THEATRE / TORONTO
BASEMENT THEATRE/ CALGARY
ALUMNI THEATRE/ TORONTO
SAVANNAH ROOM/TORONTO

GAS STATION THEATRE
THEATRE CENTRE INCUBATOR SPACE
TOM HENDRY WAREHOUSE THEATRE
LUNCH BOX THEATRE
ETOBICOKE SCHOOL OF THE ARTS
HUMBER COLLEGE/YUK YUKS INTL
TIM SIMS PLAYHOUSE/SECOND CITY
HUMBER COLLEGE
HUMBER COLLEGE
HUMBER COLLEGE
HUMBER COLLEGE
YUK YUKS INTERNATIONAL

IO (IMPROV OLYMPIC) CHICAGO, IL
THE ACTING CORP./ LOS ANGELES, CA
THE ACTING CORP./ LOS ANGELES, CA
THE ACTING CORP./ LOS ANGELES, CA
HUMBER COLLEGE, TORONTO, ONT

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HUMBER COLLEGE, TORONTO, ONT
HUMBER COLLEGE, TORONTO, ONT
HUMBER COLLEGE, TORONTO, ONT
CALGARY ALBERTA
COMPANY OF ROGUES, CALGARY, AB

