

TV/Film/Movies

Here is a **partial list** of the productions I have worked on...

Supernatural	Extra Performer	BC, Canada	2016
Wayward Pines	Continuity, Still Photos (EP: 1,4,6,9,10)	BC, Canada	2016
Arrow	Extra Performer	BC, Canada	2016
Once Upon A Time	Extra Performer	BC, Canada	2016
Opus	SAE, Special Skills	BC, Canada	2016
Fifty Shades	Extra Performer	BC, Canada	2016
Status Update (movie)	Continuity, Extra Performer	BC, Canada	2016
MECH X	Extra Performer	BC, Canada	2016
Prison Break	Extra Performer	BC, Canada	2016
Death Note	Extra Performer	BC, Canada	2016
PHIL (movie)	Extra Performer	BC, Canada	2015
Motive	Extra Performer	BC, Canada	2015
Tai Chi Model	French Mind, Body & Spirit TV Show	Thailand	2012
Belly Dance Model	Photography Project	Thailand	2011
Performer, dance, non speaking acting	LiQuan Beer Commercial	China	2007
Climber	Photography Project	China	2007
The Amazing Race - China	Extra/Background/Climbing Crew	China	2006

Skills/Talents

Yoga Practitioner/Teacher	Hatha, Yin, Ashtanga	Thailand	2007-2016
Belly Dancing, Partner Dancing	Workshops	Thailand	2011
Rockclimber (Sport) / Abseiling	Various Locations: Canada, China, Thailand, Australia		2005-2016
Scuba Diving	Open Water Padi 1	Thailand	2008
Sailing & Boating	Great Lakes, California, Caribbean		2000-2016
Rockclimbing Instructor	Chinaclimb	China,	2006-2007
Running, Biking, Swimming	5k, 10k, 1/2 marathons, marathon, duathlons, triathlon		2000-2005
Mountain Biking	Trails, Downhill (casual)	Ontario	2000-2004
Boxing Training	Greg Price, Adanac Boxing	Ontario	2002-2004
North American Kickboxing	Superkicks	Ontario	2001-2002

Other: Kayaking / Whitewater Rafting / Rollerbalding / Hiking / Camping / First Aid

Education/Training

Graphic Communications Diploma	St. Clair College	Canada	1998
Business Law, Microsoft Programs	Oakland Community College	USA	2004
First Aid, Backcountry FA	St Johns Ambulance (soon to be renewed)	Ontario	2013
Rock Climbing Instructor Training	Australian Certification	China	2007
Ashtanga Yoga Teachers Training	International Ashtanga & Ayurveda TTC	Thailand	2009
Hatha / Tantra Yoga, TTC	Agama Yoga	Thailand	2009
Tao Tantra Teacher Certification	Tao Tantra TTC - Mantac Chia	Thailand	2012
Buddhist & Hridaya Meditation	6 (10) day Silent Heart Meditations, 1 (21) day Vipassana Retreat		2008-on
Reiki 1, 2 & Master Training	Reiki Master Teachers (AUS, UK,)	Thailand	2007-11
Thai Massage	Homprang, Spa Mantra	Thailand	2008

Other: Art Direction / Graphic Design / Event Director / Management / Outdoor Education Guide