

INGUNN OMHOLT

Principal agent: Jason Norris, Young Canadian Artists Agency (416-565-0989)

Website: <https://ingunnomholt.workbooklive.com>

Union affiliation: ACTRA, stagiaire UDA

Hair: Salt and pepper, long

Eyes: Blue

Height: 5'7"

Dress size: 2

SELECTED FILM / WEB:

2023 - Short film, "Renescence"	Evelyn	Toronto Metropolitan University
2022 - Short film, "Hutchison"	Elderly lady	Coco Films
2021 – Short film, "Walkman"	Eve	George Brown College
2021 – Short film, "AHU"	Janette (Off-camera)	Mehr Film / Mahsa Razavi
2021 - Short film, "Yellow Tangerines"	Tili	Toronto Metropolitan University
2019 - Short film, "The Night Shift"	Doris	Sheridan College
2019 - Feature film, "Mentamorphosis"	Estonia Lamar	Lighwork Films
2017 - Web episode, "The Fantasmagori"	monologue	Twentythousandleagues
2016 - Short film, "Purple Berry Haze"	Mary	Concordia University
2016 - Web pilot, "Spiro Tsar PI"	Marjo	Aesop Productions
2015 - Short film, "JULIA"	Julia (older)	Concordia University
2015 - Short film, "Silent majority"	English teacher	db promédia inc.
2012 - Short film, "Gardez la Monnaie"	Ana	dir. Lo Xu-Ming Tong

SELECTED THEATRE / MUSICAL:

2016 - Musical theatre, "ORIGIN – A Story Through Song"	one of four actors/singers	Freestanding Room
2015 - Musical theatre, "NEUF" (in French)	minor roles, ensemble	Le Théâtre Musical du Haut-Richelieu
2014 - Theatre, "As You Like It"	Audrey	Hudson Players Club

TRAINING:

2022 - ongoing Weekly acting class	Miriam Laurence Studio	Miriam Laurence
2020 - Essentials for Acting - Diploma Program	Toronto Academy of Acting for Film and Television Inc.	A. Acin, R. Ferrier, D. Huband, V. Bondarenko
2017 – 2019, On-camera acting classes	Alza Acting Studio	
2012 - 2016, Weekly scene studies	Straeon Acting Studios	Jock MacDonald
2012 - 2016, Singing lessons	Private	Christiane Jean
2011 - 2013, Various classes (acting, improv, clowning, 48 Hour film festivals)	ASM Performing Arts	Various teachers
2010 - 2011, Course "Introduction to acting I/II"	Concordia University	Liz Valdez

LANGUAGES:

Norwegian (first language), fluent English, semi-fluent French (international accent)

OTHER SKILLS:

Runway walk, running (long distance), cross country skiing, general equestrian skill, knitting, PAL

Education: Doktor ingeniør, (Chemical engineering / pulp & paper technology), Bachelor of Arts, (honours in philosophy), Certificate of proficiency – French for professional communication

Commercials Available Upon Request