

Panache

Lynda Van

ACTRA Apprentice
lyndakvan@gmail.com
Cell: 1204-960-4153

Height: 5.1 Weight: 100lbs Hair Color: Black Eyes: Brown

FILM & TELEVISION

CHANNEL ZERO	Stunt Double	SYFY Network
LIFE AND TIMES OF RAILEE	Principal	RG Productions/Winnipeg
THE GOOD DAY SHOW	Principal	Children's Hospital TV
TRAVEL MANITOBA	Principal	Carlyle Paetkau/Build Films
FRACKIN ZOMBIES	Principal	Shelly Anthis/Winnipeg

COMMERCIALS

List available upon request.

THEATRE

MIKADO	Principal	CMU Opera Productions
PRINCESS IDA	Principal	CMU Opera Productions

TRAINING

Bachelor of Music Graduate (Voice)	Canadian Mennonite University
Opera/Theatre/Acting	Canadian Mennonite University
Opera (Ongoing)	Tracy Dahl/Winnipeg
Conducting (Ongoing)	Maestro Alexander Mickelthwate/RCM
Coaching/Auditioning Techniques (Ongoing)	Tamara Gorski/Winnipeg
Monologues	Tamara Gorski/Winnipeg
The Art of Auditioning	Lori Stefaniuk/NEXT! Casting
Auditioning for Film and Television	Lori Stefaniuk/NEXT! Casting
Acting on Camera	Ardyth Johnson/Winnipeg
TV Commercial Workshop	Ardyth Johnson/Winnipeg
Improv Workshop	Ardyth Johnson/Winnipeg
Stunts/ Stage Combat Stunt	Rick Skene/Winnipeg
Acrobats/Circus Acts	Central Canadian Circus of the Arts
On Camera Audition Techniques	John F. Stevens and Doug Sloan/Talent INC
Camera Workshop	Tammy Gillis/TFG Productions
Canadian Firearms Safety Course (CFCS)	Dave Brown/ Winnipeg

SPECIAL SKILLS

Music: Classical Soprano Opera Singer (F3--E6), Conductor, Piano
Sports: Stunts, Aerial Silks, Aerial Acrobatic Hoop, Acrobatic Yoga, Ju Jitsu, Fencing, Marathon Runner, Swimming, Skiing, Bike Riding, Horseback Riding, Gymnastics, Fire Hooping
Dance: Salsa, Tango, Hip hop, Lyrical
Languages: Vietnamese (Fluent), French and Cantonese (Basic), German and Latin (Basic Reader)
Other: Driver's License (Class 5 Automatic) (Class 6 Motorcycle), Firearm License

Panache Management / 106-897 Corydon Ave / Winnipeg, MB / 204.982.6150

Agent: Jennifer Milner / panache1@mts.net