

Weight: 90lbs KRISTIENNE WILLIAMS Height: 5'5"

Hair: Light brown Eyes: Brown

Date of Birth: October 8, 2003

## **TRAINING:**

**High Performance athlete** – Artistic Gymnast training 25 hours weekly at the Provincial level since 2012, with many podium finishes (1st, 2nd and 3rd) for Vault, Uneven bars, Balance beam and the Floor exercises

SPECIAL SKILLS: Creative crafts, Poetry writing, Rhyming, Aerobics, Basketball, Bowling, Frisbee, Gymnastics, Hula Hoop, Ice Skating, Jump Rope, Pogo Stick, Running - General, Running - Long Distance, Running - Sprint, Soccer, Swimming - ability - general, Track & Field, Trampoline, Volleyball, Yoga, Bongos, Dance Acro, Dance Ballet, Dance Hip Hop, Dancer, Singer, Voiceover, British - BBC English Accent, Canadian Accent, Jamaican Accent, West Indian Accent

**Special awards in Gymnastics:** Selected for Judges Award on Floor exercises (i.e. Most artistic/expressive) and All-around athlete (Gold, Silver and Bronze) at competitions (2012-2017)

## **TELEVISION**

Commercial Available Upon Request

## **UNION STATUS**

**ACTRA**