

Linzi C.N.G. Martin Castings and Media : Appearances and Experience 09/2017

Personal Details

Address	704 - 160 3rd Street West, North Vancouver, V7M 0A9
Telephone	mobile 604 440 7376
Email	linzimartin1988@gmail.com
Driving License	Full, clean
Car owner	No
Non Smoker	
Vital Statistics	Height 5'2" Weight 115lbs, Chest 32.5"/82cm, Waist 26.5"/67cm, Hips 34"/86cm
UBCP Member	EX-04315 Legal to work Canada, UK, Europe

Experience - TV & Film INCLUSIVE

- Lemony Snicket, A Series of Unfortunate Events (S2, 2017) - as villager, also **stand-in double** for Mindy Sterling
- Girlfriends Guide to Divorce (GG2D season 3, 2017) – parent at Graduation event
- B.C. Translink, commercial still photography 2016 – commuter
- Dirk Gently (Opus), TV series BBC America/Netflix 2017 – passenger on bus
- UnReal, TV series on Lifetime 2016 – quirky older woman in diner/cafe
- When We Rise, TV mini series ABC Studios 2017 – 5 appearances: Nun (2 scenes), woman at rally/riot, attendee at conference, (2017)
- Crazy8s Short Film winner: A Family of Ghosts, background – period costume woman in the street, movie theatre audience (2016)
- ‘Tomboy, A Revenger’s Tale’, Feature film – background, nude woman in bath tub (2015)
- BBC2 documentary on popular use of natural health therapies. I was filmed while working at Glastonbury performing arts/music festival year (UK 2005)
- ITV/Meridian News, I interviewed client, news story on Seasonal Affective Disorder (UK Feb, 2005)
- Day time talk show - audience (UK)

Radio

- UK - BBC Southern Counties - Interviewed by host on being a professional Feng Shui practitioner
- UK – BBC Radio 2 – show host Vanessa Feltz, interview on life's experience being Child-free
- UK - XFM (Virgin/Capital Radio) morning show with DJ Christian O’Connell. Being interviewed by Christian and giving his team mini shiatsu treatments.
- USA - Napa KVON/KVYN morning show interview host Dr Sharon Ufberg on space clearing (2012)

Training – Voice Over at School Creative with Maggie Blue O'Hara (Feb 2017)

Exhibition - Working on stands/booths for various natural health products and holistic information service to the public and professionals

Festivals and Public Events - Giving holistic health treatments, talking to people, setting up booth.

Newspapers and Journals – being featured in a variety of publications, articles about my therapeutic skills and photographed in-situ.

Modelling - professional artist life model (since 2007 to current). Fashion show model for

underwear range.

Additional Skills & Experience:

Adult education **TEACHER**, Meditation/Relaxation, Bach Flower Remedies, Space Clearing, exercise Movement (my own style); workshops, talks and classes presented to adults.

Public Lecturer & Presenter – Storyteller.

SPEAKER at BiL Un-conference 2017. Presentations (x2) of My Mother's Story (self written) 2014. Wholefood Market public talks (2012-on). Informative talks/workshops facilitator.

Own **YouTube channel** (2SimplifyLifePauseMomentsForYou) - various videos e.g. me demonstrating qi gong; interviewing celebrity personality: cooking demonstrations:

Abilities & Activities:

- Dancing - Latin (Salsa), basic Ballroom, Disco
- Yoga / Tai Chi / Qi Gong / Shiatsu body work style massage
- Cycling / Swimming
- Gardening
- Cooking
- singing
- knitting / Sewing (experienced)
- Dogs – comfortable with them, walking
- Horse riding (limited basic, okay to sit on on horse or walk alongside)
- Vehicle Driving - experience with driving VW Campervan, small goods van, car
- Professional Clutter clearing and Organizer
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Freelance Writer/Blogger, Researcher and Public Speaker - self employed

Research and writing articles for own web site & online/printed publications. Theme - Living a positive sustainable, life-aware, healthy & a simple lifestyle. Organizer of a Meetup group. Public speaker.

VOLUNTEERING EXPERIENCE

- Creative Coworkers – personal assistant (co-working business suite)
- GLOBE 2014 – international green/sustainability expo. Presentation room monitor, visitor assistance
- Velopalooza – bicycling community group, committee member, ride leader
- The Tea Festival (Vancouver) – volunteer coordinator, set up help & general hands-on, ticketing
- EPIC sustainability festival – exhibitor registration & information and general hands-on help
- Wholefoods Market staff appreciation day presenting healthful exercise class to staff and public
- Meetup Organizer – organized & led discussion groups
- Cancer charity – fashion show model of clothing range at a fundraising event
- Crisis Christmas Charity – gave therapeutic shiatsu treatments to homeless folk
- Tribal Earth Festival (16+ years) – administration and organization of therapist area, social media promotion
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