

HELEN KOZLOWSKI

HEIGHT: 5'4 • WEIGHT: 150 LBS • EYES: GREEN • HAIR:BLONDE• ACTRA APPRENTICE

FILM/TELEVISION

Carter	Principal-Anne Carter	Dir. Rich Newey, Sony
Cardinal S3	Actor-ATM Victim	Dir. Daniel Grou, CTV/eOne
14 Keys	Principal-Nurse	Dir. Corey Guilbault, EastLink
Carter	Picture Prop	Dir. James Dunnison, Sony

TRAINING

Act Ed	ARMSTRONG ACTING STUDIOS 2018
Stage Combat	JENNY HAZELTON 2018
Masterclass	MAS ACTING STUDIOS /Melissa Smith 2017-18
Actor's Workout I and II	MAS ACTING STUDIOS / Melissa Smith 2015-16
Voice over Technique	MAS ACTING STUDIOS INC /Melissa Smith 2016

WORKSHOPS

Stage Combat	Workshop /Joshua Bainbridge 2018
Conversation with Sara Kay	TORONTO/ 2018
Masterclass Headshot	ACTRA / 2018
Script Writing 101	ACTRA / 2018
Voiceover for Games	ACTRA / 2018
Third and Fourth AD Workshop	DIRECTORS GUILD OF CANADA 2018
101 Location Scouting	DIRECTORS GUILD OF CANADA 2018

LANGUAGES English and Polish

SPECIAL SKILL/Other Employment Experience

G Licence, Photographer, Kickboxing (Beginner), Weight Lifting, Dragon Boating, Kayaking, Stand up Paddle Board, Skipping, Ice Skating (general), Bicycling (average)
Patient Interviewer, Cashier, Waitress, Registered Pharmacy Technician (Hospital and Retail), Hotel Housekeeper, Bartender, Bookkeeper.