



REPRESENTATION & MANAGEMENT

Valerie Lalonde

ACTRA

Represented by Shawn Jackett

quintialalent@gmail.com 416 828 4850

Height: 5 ft. 5 in., Weight: 117 lbs., Brown Hair, Brown Eyes



FILM - TELEVISION

Eaux Troubles/Broken Waters	Principal	Believe Films - P. Gregory
American Descent	Principal	Zed Filmworks - R. Menzies
Chill Zone - WIGUP.tv	Principal	Balestra Productions – K. Sauv
Kissing Booth	Principal	In Motion - M. West
Love, Sam	Principal	Poplar Street Pictures – C. Ag
Between the Beats	Lead	Niagara College - M. Langedoen
The Hook Up	Lead	Niagara College - B. Rung
Reminiscence	Principal	LaCite - M. Vincent
Greek Elixir Yum!	Lead	Orleans Young Players – W. Som
The Storybook (mis) Adventures of Hanna and Greta	Supporting	Valley Wind Productions – A. M

THEATRE

Dutchman	Lula	Intensive Actors Lab
Modigliani (scene)	Beatrice	Intensive Actors Lab
Four Dogs and a Bone (scene)	Brenda	Intensive Actors Lab
Closer (scene)	Alice	Intensive Actors Lab
The Red Coat	Mary	Intensive Actors Lab
The Secret Garden	The Robin - flutist	9th Hour Theatre Company

TRAINING

Acting Intensive IYA	Victoria Kucher
Acting Workshop	Jeff Seymour
Improv Your Acting	Millie Tom, Tony Babcock
Intensive Actors Lab	Claudia Jurt
Actors, Teachers, Directors Workshop	John Strasberg
Acting Intensive Workshop	John Strasberg
Acting Intensive Film & TV	Smyth Casting
Acting For TV and Film Level 1- 3	The Acting Company - Robert Bockstael
"Tooned In" Animation VO Workshop	Stevie Valance
Adult Intensive Acting	A.C.T. – Claudia Jurt
"Lights, Camera, Career" An After School Special	Casting Dir. & Associates – Brian Levy
"Breaking Away from the Pack" Workshop	Fly Casting - Brian Levy

Special Skills:

Fluent French, Quebecois Accent, Teleprompter, Equestrian - English, Equestrian - General, Hula Hoop, Ice Skating, Jump Rope, Jump Rope - Double Dutch, Roller Skating, Rollerblading, Running - General, Swimming - ability - general, Dance Belly, Flute, Licensed Driver, Billiards/Pool Player, Bowling, Cycling