



Riley Monaghan

HEIGHT: 5'11"

LANGUAGE: English

EYES: Blue

WEIGHT: 217 lbs

BUILD: Athletic

HAIR: Brown

FILM & TELEVISION

Haunted Hospitals (2019)	Paranormal Expert- Principal	Discovery Chan.- Michael Sinyi
The Bold Type (2017)	Porn Star- Actor	ABC Spark- Victor Nelli Jr.
Paranormal 911 (2019)	Firefighter #1- Large Principal	Global & History- Michael Sinyi
America's Greatest Mysteries (2019)	Officer #1- Principal	Travel Network- Sharon Lewis
Chapmans Ice Cream (2018)	Security Guard- Lead	National Commercial- Quinn Merkeley
TSN Grey Cup Commercial (2018)	The Luchador- Lead	National TSN- Harold Price
Ember Wars (2018)	Mark Ibarra- Lead	Pilot- Richard Fox
Car Seat Safety (2018)	Father- Lead	Government of Ontario
Fish the Dish (2017)	House Guest- Principal	Gusto TV- Spencer Watts
Harper's Garden Centre (2016)	Boyfriend- Lead	CHCH- Michael Bryan
Skyline Group Intl. (2018)	Presenter- Lead	TV & Internet- Val Volfesen
3Sixty Security (2018)	Security Manager- Lead	Internet- Jen McMillan
Danton (2017)	Danton- Lead	VBR Pictures- Indi.
On the Run (2017)	Tyson- Lead	Cassie Gaum-Stud. Film

Other credits available on request

Stage & Musicals

3 Credits Available Upon Request

3 Print Credits Available Upon Request

TRAINING

Selftape Workshop		Ron Leach- Toronto, ON
Advanced Intensive	Pro Actors Labs- Being Truly Present in Film	David Rotenberg- Toronto, ON
General American Dialect	One On One Coaching- Pro Actors Labs	Rae Ellen Bodie- Toronto, ON
Scene Breakdown	Audition Coaching	Ilona Smyth- Ottawa, ON
Real Present Emotion	Pro Actors Labs by David Rotenberg	Marvin Hinz- Toronto, ON
The Situation Room	YourCasting Academy	Mike Migliara, Ottawa, ON
The Meisner Technique	Meisner On Acting- 272 page Novel	by: Sanford Meisner, Dennis Longwell
The Power of the Actor	12-Step Acting Technique- 400 page Novel	by: Ivana Chubbuck
Acting in the Industry		Paul Weber- L.A., Cali
Inside the Industry	Smyth Casting- To Do's in the Industry	Ilona Smyth- Ottawa, ON

Ongoing Training

AKNOWLEDGEMENTS

Olympic Canadian Bobsleigh Devo Team

Work: Paramedic-PCP- August 2015 to Present Personal Trainer (8 years)

Accents: Gen. American, South/Western Twang, English, Irish, Scottish, Australian, Norwegian, French

Singing: Range (tenor-countertenor), Guitar (Intermediate Level)

Skills: Firearms, Martial-Arts, Blade Weapons, Stunts, Terrain Vehicles, Fitness

Sports: Football (Jr.Pro Ottawa), Basketball (Competitive), Hockey (Competitive), Soccer (Competitive)

Licenses: Firearms, Ambulance, Oversized Vehicles, Paramedic, Personal Training