



# ADRIAN HARASOWSKY

Non-Union | 6' 0" | 195 lbs. | Brown Hair | Blue Eyes

## FILM / TV

Marine disasters Ep. 6 Alaska Ranger	Principal	Dir. PJ Naworynski
Freakly	Principal	Dir. Simon Tesfey
Loonies and Toonies	Actor	Dir. Sean Cisterna
Of Body and Soul	Principal	Dir. Proper Posture
Convenience	Principal	Dir. Michael Uccello
Unlatched	Actor	Dir. Emily Schooley
The Cove	Principal	Dir. Clayton Burns
Linger a While	Principal	Dir. Filipe Guzman
Guise	Principal	Dir. Proper Posture

## THEATRE

It Sucks to Die	Friend	Dir. Rob Ciccotelli
Dr. Arctic Cinema Inferno	Principal	Dir. Frank Adriano
The Grouch	Cinnamon Columbo	Dir. James Gerus
TCW of William Shakespeare	Principal	Dir. Frank Adriano

## TRAINING

BFA Film & Media Production	Humber College
Improv 101	Gilli Nissim / Upright Citizens Brigade Theatre, LA
Meisner Technique Oct 2017 – Present	John Riven / John Riven Meisner Technique
Improv for Actors I-III	Ashley Botting, Michael Gellman / The Second City

## SKILLS

Baseball Ski (Freestyle), Swimming (Breaststroke), Water Skiing, Horseshoes, Ski (Downhill), Swimming (Freestyle), Wakeboarding, Rock Climbing, Snowboarding, Swimming (Backstroke), Long Boarding, Hackey Sack, Skateboard (Street), Cliff Diving (Flip & Rotation)

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