

OHENEWA AKUFFO

ACTRA 04-30546

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Professional Summary

High Performance Athlete, Olympic Wrestler, Judo Black Belt, Speaker & Instructor.
Extremely adaptable and versatile. Self-motivated athletic professional with extensive experience in leadership positions and working with teams.

Hair: Black **Eyes:** Brown **Height:** 5'8 **Weight:** 155 **Measurements:** 35-32-41 **Body-type:** Athletic

Awards & Accomplishments

- Judo Black Belt - 2017
- Commonwealth Games Gold Medalist – 2010
- World Silver Medalist – 2010
- Brampton Hall of Fame Inductee – 2009
- World Bronze Medalist – 2008
- Canadian Wrestling Olympian – 2008
- 10 time Wrestling Senior National Team member
- Junior Judo National Champion – 1997

Work History

<u>FILM</u>			
The Return	Stunt actor: Warrior/Throw/Fall	Ilan Rosenberg	04/2022
<u>TELEVISION</u>			
SEE	Stunt Performer: Solider/ Fall	Larry Lam	08/2021 & 10/2021
The Boys	Stunt Performer: Group protest/Fall	John Koyama	07/2021
Mayor of Kingstown	Stunt Performer: Prison brawl	Randy Butcher	07/2021
Star Trek Discovery S4	Stunt Dbl: Wire work/Fall	Christopher McGuire	12/2020
Creeped Out 2 (DHX Media)	Wrestling choreographer	John Stead	08/2018
<u>SSE Work</u>			
The Handmaid's Tale	Protestor	Brian Jagersky	03/2022
Y: The Last Man	Town citizen	Shelley Cook	03/2021 & 05/2021

Skills

Wrestling (Olympic level), Judo (National level), Driving (automatic & stick shift), Running, Hiking, Weight Lifting, Yoga (Basic), Badminton (Basic), Baseball (Basic), Basketball (Basic), Soccer (Basic), Tennis (Basic)

Relevant Experience

1997 - 2013 - Member of the Canadian National Wrestling Team ~ 2016 - present - Judo stunt instructor
2017 - developed hybrid technique (Judo & wrestling) ~ 2017 – present – teaching new technique (Stand-u version for Brazilian Jiu-jitsu)