Karlie Ramlogan

karlie@istraining.ca

416-432-4333

Personal Profile:

I have a passion to inspire people through my actions and speech.

I am a highly motivated individual who learns quickly and thrives when given a challenge.

Certification:

Personal Training Specialist, Canfitpro, 2018 CPR AED A, February 2021

Work Experience:

Actress, Principle Performer National TV Commercial for GoDaddy

October 2020

Owner, Personal Trainer IS Training, Richmond Hill ON

October 2018 — present

Group Fitness Instructor Orangetheory Fitness, Richmond Hill ON

October 2018 — present

Pastor, Children's & Family Ministry Summit Community Church, Richmond Hill ON

August 2013 — September 2018

Public speaking to groups of 300+ people; oversaw children's programming;

led team of 40+ volunteers

Nanny Lopushinsky Family, Calgary AB

September 2012 — July 2013

Server & Bartender Phoenix Grill, Calgary AB

May 2009 — April 2011

Education:

2007-2012 Bachelor of Youth Ministry, Ambrose University College, Calgary, AB 2003-2007 High School Diploma, Bayridge Secondary School, Kingston, ON

Achievements:

CN Tower Climb Elite, Apr. 2015, 2016, 2019 GoodLife Victoria Half-Marathon, Oct. 2011 Emcee, National Youth Conference, Mar. 2011

References:

Upon request.