

# REENA AHLUWALIA

## NURSE PRACTITIONER MN, PHC-NP ENC(C)

### PERSONAL PROFILE

Dedicated to providing the best patient care possible by carefully understanding patients while applying my skills toward positive health outcomes. I am highly motivated to acquire new knowledge and continuously enhance my professional skills within dynamic health care settings. Throughout my career, I have been able to combine the use of different technologies and frontline skills to find creative solutions to complex problems.

### WORK EXPERIENCE

#### Orthopedic Surgery, Nurse Practitioner

Toronto Western Hospital | Oct 2020-Present (contract)

- Managing complex post surgical care of orthopedic trauma, joint replacement and lower extremity surgery. Liaising with consult services in the management of medically unstable conditions.
- Coordinating services for discharge of patients to community, rehabilitation and home.
- Demonstrating leadership through clinical preceptorship and contribution to new eMAR EPIC design

#### Nurse Practitioner/Clinical Nurse Specialist

Mount Sinai Hospital | Feb 2020-October 2020

- Delivered Internal Medicine and Geriatric consultations in collaboration with staff physicians
- Provided oversight and operations management for Ambulatory Medicine Clinic
- Developed and deployed COVID-19 virtual medicine transition for clinic
- Recruitment, selection, and onboarding of administrative staff
- Provided follow-up, health education, and counseling to patients for the Geriatric Medicine Team

#### Primary Care, Nurse Practitioner

Vibrant Healthcare Alliance | Oct 2019-Feb 2020

- Providing barrier free care to: complex seniors, homebound individuals, adolescents and clients with spinal cord injury.
- Influenza vaccine outreach program clinical lead for homebound seniors and medically complex vulnerable populations
- Mobile outreach team to conduct clinical assessments and diagnostics for homebound seniors

#### Registered Nurse

Toronto General Emergency Department | July 2014 - Oct 2020

- Clinical management and resuscitation of cardiac & oncologic emergencies.
- ECG and cardiac monitoring as well as perform triage and charge nurse duties.
- Clinical Preceptor for nursing students & clinical resource for new staff
- QI contributor; Improving timely analgesia administration for musculoskeletal pain in the emergency department; BMJ, 2020 doi: 10.1136/bmj-2019-000797

#### Virtual Care Nurse

League Inc | July 2019- July 2020

- Leveraging technology to provide health advice and education
- Navigating and connecting individuals to resources throughout North America
- Applying triage and health assessment skills including referrals to emergency or paramedical services

#### Clinical Instructor

Seneca College | Jan 2019- Apr 2019

- Established student adherence to UHN policies and procedures.
- Facilitated the development of head to toe assessments and medication administration.
- Developed and evaluated students on activities related to patient care.



### CONTACT

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### EDUCATION

- Primary Care Nurse Practitioner, Master of Nursing | University of Toronto | 2017-2019
- Baccalaureate of Science, Honours in Nursing | York University | 2009-2013

### CERTIFICATIONS

- Nurse Practitioner | College of Nurses Ontario | 2019
- Registered Nurse | College of Nurses Ontario | 2013
- Emergency Nurse Certified, Canadian Nurses Association | 2018
- ACLS Certified, Heart & Stroke | expires 2020
- BCLS Certified, Heart and Stroke | expires 2020
- Nonviolent Crisis Intervention Training | 2018

### VOLUNTEER CONTRIBUTIONS

- Contributing Writer, Science Section | The Varsity, U of T | 2018-2019 | Published 3 articles: <http://var.st/39i> | <http://var.st/3cd> | <http://var.st/50h>
- QI Presenter, International Conference for Resident Education | The Royal College of Physicians | 2018 Quality Improvement presentation on behalf of NP lead
- Digital Operations, UHN Emergency Medicine Conference Committee | University Health Network | 2018-2019 Social Media Lead | Conference MC

### CLINICAL ROTATIONS

- Taddle Creek Family Health Team, Primary Care
- Altum, Toronto Western Hospital, Sports Medicine
- Toronto Western Emergency Department
- Vibrant Health Care Alliance, Community Health Center