



# YULIA TEREKH

VANCOUVER, BC, CANADA

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Capoeira athlete and performer with 10 years of experience. Experienced in background roles, events, big street carnivals & shows, stage and backstage life. Active member of stunt training community in Vancouver. Fast learner, reliable and pro-active. Afro-Brazilian and Latin dance instructor and performer with more than 5 years of experience. Former gymnast. Event organizer and dance choreographer.

## HIGHLIGHTS

- Martial arts
- Acrobatics
- Dance
- Performance
- Set etiquette
- Weight: 130 lb. (60 kg)
- Heights: 5.3" (162 cm)
- Chest: 34", Waist: 29", Hips: 38"
- Head: 22.5"
- Shoes size: US 7
- Jean size: 24 | Dress size: S
- Eyes: blue | Hair: blond
- Language: Russian, English

## EXPERIENCE

MAY 2011 – PRESENT

### CAPOEIRA ATHLETE - GRUPO AXÉ CAPOEIRA

- Martial Arts student (teacher - Marcus Aurelio, Mestrando Barrãozinho)
- Martial Arts competitor
- Afro-Brazilian dancer, performer

MAY 2021 – PRESENT

### MARTIAL ARTS STUDENT - HAGESHĪ MARTIAL ARTS AND FILM

- Stage fight, martial arts, reactions, falls training (teacher - Sean Kohnke), including Jidai Tate workshops and small group classes (teacher - Mao Asou)

MARCH 2019 – PRESENT

### DANCE INSTRUCTOR, DIRECTOR, CHOREOGRAPHER - VANCOUVER SAMBA SCHOOL

- Samba classes and performances (choreography, costume making, shows)

JAN 2015 – PRESENT

### LATIN DANCE PERFORMER

- Vancouver, Calgary, Seattle, Portland, Los Angeles performances

1992 – 1999

### ARTISTIC GYMNAST (RUSSIA)

## ACTIVITIES

- Wires training at The Underground Circus
- Acrobatics, trampoline, capoeira training at Fight Club and Delta Gymnastics

## EDUCATION

MAY 2011 – PRESENT

**CAPOEIRA CLASSES, EVENTS, WORKSHOPS**, GRUPO AXÉ CAPOEIRA

2019 – PRESENT

**DANCE**, INTERNATIONAL SAMBA CONGRESS 2019, 2020, 2021

Online and in-person 3+ days workshops with world-renowned Afro-Brazilian dance instructors.

**CERTIFIED WEIGHT TRAINING INSTRUCTOR**, BCRPA

**CERTIFIED GROUP FITNESS INSTRUCTOR**, BCRPA

**CERTIFIED STRETCHING AND CONDITIONING INSTRUCTOR**, WELNESS ACADEMY (MOSCOW)