



THE MEUS



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BEN LINDGREN

AM-36608

FILM & TELEVISION

Ghosts	Actor	Grande Studios
Somebody's Hiding Something	Lead	Cineflix Inc.
Mission Unexplained	Lead	Blue Ant Studios
FIDO Campaign	Lead	Moonstruhk
Kinaxis Disruptions Campaign	Lead	Cloud in the Sky Studios
Meanest Prank	Lead	REIDframed Studios
Allez Brand Web Commercial	Lead	Allez Team
Silly Servants	Lead	Bob Abell
Simulacra	Lead	NYCE Image Productions Inc.
When the Party's Over	Lead	Candy Casey Music Video
Dumped	Lead	RLS Studios
System Player	Supporting	RLS Studios
Pregnant& Homeless	Lead	RLS Studios
King of the Night	Lead	Alex Karanis
Mafioso	Lead	Roxanne Bois
Untrodden	Lead	Metal Source Studios
Muted	Lead	Alex Talavera Mendez
Beach Bylaw	Supporting	Bytowne Bylaw
Patterson Creek	Lead	Deniz Berkin
Fall of the Boy King	Lead	RLS Studios
Cheater	Lead	RLS Studios
Revenge of Zombie Penguins	Lead	RLS Studios
Get a Life	Lead	RLS Studios

EDUCATION & TRAINING

General American Dialect Training
Smyth Advanced Actor Workshop
1:1 training with Ilona Smyth, Sarah McVie, JP Tremblay
Intro to On-Camera Performance
Audition Training
Method with Mike
Carleton University Drama Dept

Rae Ellen Bodie
Ilona Smyth

Armstrong Acting Studios
Amy Jo Berman
Mike Caza

SPECIAL SKILLS & INTERESTS

Language – English & Conversational French
Accents – Canadian & General American

SPECIAL ABILITIES – Very athletic: baseball, hockey, skating, basketball, downhill skiing, volleyball, weight lifting, running, swimming, badminton, billiards, bowling, canoeing, cycling, football, frisbee, golf, jump rope, kayaking, lacrosse, ping pong, roller hockey, roller skating, roller blading, softball, trampoline, yoga, licensed driver, fully vaccinated

DEMO REEL

https://youtu.be/TR6For3ds_4