

CATHERINE FRIESEN – Dancer / Singer / Actor

Cell: (613) 276 3935

Email: katymara@hotmail.com

Bilingual: English and French

ACTRA Apprentice / Equity Apprentice

Height: 5'7" Weight: 117lbs

Hair: Brown Eyes: Blue

DANCE SPECIALTY - Adage (Overhead Lifts)

FILM & TV

Ladies Room (Principal Actor/Dancer)

Fanny

Transfilm Canada / Smallrain UK

Audrey Hepburn Story

Student Ballerina

Audrey Productions

Zebra Lounge

Dancer

Various films, commercials, etc. (Extra and Background)

MUSICAL THEATRE

CABARET

Director - Steven Schipper, Choreographer - Tracey Flye

Role: Frenchie - Kit Kat girl

Crystal Productions, Los Angeles –

Dance Captain, Adage (Lead Pas de Deux, Adage Lifts)
Ensemble Dancer / Singer, Trainer.

Productions include:

Chicago, Cabaret, Cats, Thoroughly Modern Millie,
Mamma Mia, Les Miserables, Miss Saigon, Chorus Line,
Oklahoma!, South Pacific, The King and I

Jean Ann Ryan Productions

Ensemble dancer/singer

Productions include:

“Hey Mr. Producer” – Cameron Macintosh
“Fosse” - Tribute to Bob Fosse

BALLET/CONTEMPORARY

Performance

Nutcracker Suite (USA/Canada Tour)

Role

Corps de Ballet

Company

Les Grands Ballets Canadiens

Coppelia (Canada Tour)

Corps de Ballet

Les Grands Ballets Canadiens

Four Temperaments (Balanchine)

Adagio/ Corps

Banff Festival Ballet

Time Out of Mind (Brian McDonald)

Corps de Ballet

Banff Festival Ballet

Concerto (France/Switzerland/USA)

Corps de Ballet

Les Jeunes Ballets du Québec

Last Breath

Corps de Ballet

Les Jeunes Ballets du Québec

Fire Bird

Guest

Dance Theatre of Harlem

Tin Soldier (Frank Augustyn)

Corps de Ballet

Ottawa Ballet

Sleeping Beauty

Guest

National Ballet of Canada

TRAINING

Allan Moyle (Director of “Pump up the Volume”)

Acting workshop

Yoriko Tanno-Kimmons / D. Tennant

Vocal Coaching

ESDQ Les Grands Ballets Canadiens)

Full time program – 7 years

National Ballet School of Canada

Full time program – 2 years

Victoria Simon (NYCB Balanchine Trust)

Balanchine technique – 8 weeks

Jean Grand Maitre

1 year training - Contemporary

Peggy Baker

Modern Dance workshop

Bejart (Switzerland)

Martha Graham technique

Neste Toumine- Ballet Russes

Classical Variations