



25A York Street
Ottawa ON K1N 5S7
Tel: (613) 244-0544 Fax: (613) 244-0481
Email: angies@angiesmodels.com

Phil Lam

LANGUAGES: ENGLISH/CANTONESE
ACTRA

HEIGHT: 5' 8"
WEIGHT: 140 lbs.

EYES: Brown
HAIR: Black

TALENTS

Tackwon Do

2nd Degree Black Belt
12 years of training and international competition
2003 Team Canada – Top 8 – World Championships, Men's
Lightweight Division, Thessaloniki, Greece
5-time Provincial Champion
2-time Eastern Canadian Champion
2-time Canadian Champion (4-time Medallist)
2-time North American Championship Medallist

Le Parkour

Also known as freerunning
Various stunt work including climbing up and down, jumping
from and to, jumping over and sliding under, running on walls,
and precision jumping

Impersonations/Accents

British, French, Middle Eastern, Asian, Australian, Elmo, Dr.
Evil, and stereotypical nerds/jocks/skaters/geeks/gangster as
well as their speech patterns

ACTING TRAINING

Paul Weber
MGM Casting Director
On Camera Workshop

Improv/Scene Study/Auditioning Techniques/Cold Calls
Los Angeles, CA

PERFORMANCE

Tackwon Do

Self defence skits and simulations of real life situations
Team and individual demonstrations for large events
Board/concrete breaking shows and fundraisers

FILM/TELEVISION

Jamie and Eddie: Souls Of Strife

Actor

Independent Film

COMMERCIALS

Conflicts Available Upon Request

HOBBIES/INTERESTS

Martial arts, freerunning, skateboarding, soccer, hockey, volleyball, skiing, driving, cars, working out, cooking,
body art (tattoos), singing, music concert/show promotion and booking, attending live concerts, dancing (hip
hop), managing and operating my button press business, and photography