## **Resume**

## Ocean L'Ecuyer-Prytula 62 Robinson St. S., Grimsby ON., Canada L3M 3C4

- Red Belt, Tai-Kwon-Do about 4-5 years
- White sail 1 and 2 for two consecutive summers.
- Latin and Ballroom International Competitive Dancing Competed in: Montreal, Quebec; Ottawa, Ontario; Halifax, Nova Scotia; Toronto, Ontario; Calgary, Alberta; Buffalo, New York; Virginia Beach, Virginia; Cleveland, Ohio; Heritage, North Carolina.
- Received most improved dancer award 2 consecutive years at JDS productions
- I started swimming at the age of two. Competed in the summer on the Grimsby Marlins Swim team for several years (5 years) (in the summer only) against regional pools.
- National Lifeguard Society (Lifeguard Certification): June 2004
- Lifesaving and Red cross Instructor Certification: February 2005
- o I took western horse back riding lessons for about 3-4 years up to level 6
- I have several years experience in Jazz (for 4 years), Hip Hop (3 years), and Ballet (5 years total).
- O Volunteered your time with Stoney Creek's battlefield House Museum as guide and renactor for 2-3 years and was awarded a letter of recognition for my time there by the Hamilton Mayor.
- o I was in 5 recitals for JDS Productions (2000, 2001, 2001, 2003, 2004)
- o I have been to Virginia Beach dance caravan for a week in the summer of 2004.
- o Numerous charity shows (ie. Help a Child Smile organization)
- o Open Water Scuba Diving
- Apprentice Actor for the feature film "Take The Lead" starring Antonio Banderas.