

INESSA FRANTOWSKI

ACTRA Apprentice

Hair: Red
Eyes: Green
Height: 5'7"
Weight: 140 lbs

FILM & TELEVISION

Hooked on Speedman
STARTV!
The Jane Show
TruthHorse
Just Say Yes and...
Luce Lucida
L'Aventurra

Actor
Featured
Wanda
Principal
Lead
Principal
Principal

Playing Army Productions
CHUM
Shaftsbury Films/Paul Fox
The Comedy Network/TruthHorse Prods.
The Life Network/Jonah Strough
Raoul Duke Prods/Darcy Rego
Raoul Duke Prods/Darcy Rego

SELECTED THEATRE

Nana
GREEN: Or an Anthem
Lion in the Streets
Matters
Conceptionne
Urban Farm Girl
Teenage Girl Diaries
All's Well That Ends Well
Harry Potter
Don't Try This At Home

Hugon/Zoe
Laura
Sue/Sherry
Hope A
Nancy
Diana
Doreen
Mariana
Wizard
Pruvitt

Toronto Fringe/Michelle Ouellet
Toronto Fringe/Michelle Ouellet
Hart House Theatre/Eric J. Rose
Toronto Fringe/Bonnie Smith
Nightwood Theatre/Mary Francis Moore
Nightwood Theatre/Randi Helmers
Rebecca Brown Prod./Rebecca Brown
Theatre Erindale/Mimi Mekler
Int'l Festival of Authors/Duncan McIntosh
Mad Science Prods/Reid Janisse

SKETCH COMEDY

The Sketchersons
Bull Hooey (sketch duo)

Writer/Performer
Writer/Performer

Sunday Night Live/Poor Alex Theatre
The Sketch Comedy Lounge/Rivoli

AWARDS

Nominated for Canadian Comedy Award within The Sketchersons for Pretty Funny Sketch Troupe

TRAINING

Second City Conservatory Graduate
Diploma in Acting
Specialist in Theatre & Drama Studies
Scene Study Styles :

Fight Combat
Camera Acting
Singing
Improvisation
Clown/Melodrama
Voice & Text
Mask
Movement & Dance

Second City Toronto
Sheridan College
University of Toronto
Patrick Young, Ron Cameron, Ralph Small, Greg Peterson
Dennis Hayes, Denise Norman, Catherine McNally,
Suzanne Bennett, Bang Fu Zing
Daniel Levinson
Ron Cameron, Ralph Small
Marion Abbott, John Karr
Al Catlin, Chris Earle, Aurora Browne, Sherri Hollett
Mimi Mekler, Paulette Hallich
Denise Norman, Ron Cameron
David Langois, Mimi Meckler
Pam Johnson, Sarah Jane Burton, Donna Greenburg, Gillian Sanders

SPECIAL SKILLS

Sketch (writing & performing), Characters, Accents, Dialects, Clown, Drivers License