

SARENA PARMAR

ACTRA/CAEA

THE MESSINGER AGENCY INC.

10 St. Mary Street

Suite 501

Toronto, Ontario M4Y 1P9

Phone (416) 960-1000 Fax (416) 960-1001

HEIGHT: 5'2"

WEIGHT: 105 lbs.

HAIR: BLACK

EYES: BROWN

SELECTED THEATRE

The Box Social	Sylvia (Lead)	Preface Theatre/Nicole St. Martin
The Masters Summit (for Directors)	Principal Actor	The Stratford Shakespeare Festival, 2008
Romeo & Juliet	Juliet	Forward Theatre/C.S. Legacy
Elephant (Play Reading)	Zainab/Kashmiri Girl	InfiniTheatre/Guy Sprung
Fool's Gold	Isabella	Metaphysical Theatre/David Langlois
A Midsummer Night's Dream	Cobweb	CanStage/ahdri zhina mandiola
She Said Destroy	Janik/Mother	National Theatre School/Arianna Bardesono
The Suicide	Masha	National Theatre School/AlexandreMarine
The Cherry Orchard	Dunyasha	National Theatre School/Jason Byrne
A Doll's House	Nora	National Theatre School/Rosemary Dunsmore
Heart of an Indian *Solo-Show	*Writer/Actor	National Theatre School/Leah Cherniak
Top Girls	Isabella Bird	National Theatre School/Jason Byrne
Oedipus	Manto	National Theatre School/Sarah Stanley
Romeo and Juliet	Juliet	National Theatre School/Nancy Palk
Salt Water Moon	Mary	National Theatre School/Sherry Bie

FILM & TELEVISION

How to be Indie	Series Regular	Indie 1 Inc./YTV/Various
Word on the Street	Lead	Counterpart Prods./OMNI TV/Ian Chan
X-Pod (J-Pod Promo)	Lead	Xenophile for CBC/Chris Smetts

TRAINING

Singing: David Dunbar

On Camera Acting: Lewis Baumander

NATIONAL THEATRE SCHOOL – GRADUATED 2007

Acting: Sherry Bie, Daniel Brooks, Rosemary Dunsmore, Nancy Palk, Sarah Stanley

Acting for Camera: Lynne Cormack

Classical Text: Nick Hutchinson, Andrew Wade, William Webster

Combat: Jean Francois Gagnon

Improvisation: Anne-Marie Kerr, Andrew Harwood

Mask: Brian Dooley

Movement: Leslie Baker, Judith Koltai-Peavy, Sipho Ndlela, Tedi Tafel

Singing: Gabrielle Mars, Linda Morrison, Francois Ouimet, Keith Thomas

Voice/Speech: Stan Brown, Kate Hennig, Julia Lenardon, Andrew Wade

RELATED EXPERIENCE & TRAINING

Summer Laboratory Intensive One Yellow Rabbit, Calgary, Alberta

Commedia Dell'Arte Scuola Internazionale Dell'Attore Comico, Reggio Emilia, Italy

4 Years Musical Theatre & Classical Operatic Singing La Scala Studio, Kelowna, B.C.

Twelfth Night Olivia Readers' Cooperative/Carl Hare

Katafashion Arlecchia/Isabella Teatro Reggion/Antonio Fava

West Side Story Grazielle Viva Musica Society/Neal Facey

Charlotte's Web Charlotte Night Owl Theatre Company/Don Keith

SPECIAL SKILLS & INTERESTS

Operatic Singing (Soprano), Writing, Dancing, Commedia dell'arte, Balloon animals

DIALECTS

RP – Standard British, East Indian, Arabic