

Dr. Marla Shapiro

Medical Contributor to CTV's Canada AM and Medical Consultant for CTV News

Dr. Marla completed medical school at McGill University and trained at the University of Toronto for her Masters of Health Science in Community Health and Epidemiology. She trained in Family Medicine and is certified by the Canadian College of Family Practice. She concluded her specialty training in Community Medicine receiving her Fellowship in Community Medicine from the Royal College of Physicians and Surgeons of Canada. She holds a Fellowship in Family Medicine and is a NAMS credentialed menopause specialist.

In 2000 Dr. Shapiro became the Health and Medical Contributor for CTV's Canada AM. In addition to her weekly appearances on Canada AM, she is seen on Newsnet and as the medical consultant on CTV's National News with Lloyd Robertson. 2003 saw the exciting addition of Balance: Television for Living Well, in which Dr. Shapiro appeared as host. This refreshing daily health and lifestyle show is seen across North American households and has sold internationally. Dr. Shapiro writes a health column for Canadian Health and Living as well as her weekly blog on the CTV website. She is Editor of ParentsCanada as well as Health Essentials. She is a member of several committees and advisory boards including Cancer Care Ontario, the newly formed Canadian Partnership Against Cancer, Baycrest and SIGMA Canadian Menopause Society.

Dr. Shapiro is the recipient of the 2005 Media Award from the North American Menopause Society for her work in expanding the understanding of menopause, and won the Society of Obstetricians and Gynaecologists of Canada/Canadian Foundation for Women's Health Award for Excellence in Women's Health Journalism in 2006 for her documentary Run Your Own Race. The documentary has won numerous industry awards including the New York Film Festival and the Columbus International Film and Video award. Dr. Shapiro received an Award of Excellence from the College of Family Physicians of Canada for her lifelong commitment and dedication to family medicine in 2008. As well she was awarded the Excellence in Creative Professional Activity in 2008 by the University of Toronto, Department of Family and Community Medicine. Her book Life in the Balance: My Journey with Breast Cancer, was released in Fall 2006 and is a National Bestseller.