

KAREN TOBA KRYZANOWSKI
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***** CREDITS *****

PRINT

- York Region Transit, interior and exterior bus posters (2010)
- Inside Fitness Magazine, IFM 2009 Hot and Fit Top 100 (2010)
- Thermo-Lean, product advertisement (3 issues, Inside Fitness Magazine, 2009/10)
- Thermo-Lean, product advertisement (4 issues, Oxygen, 2009)

COMMERCIALS / TELEVISION / FILM

- Lead Study Participant, "The Science of Sins" (2010)
- Actor, "StartCurling.ca" commercial, <http://youtu.be/3YEF3mgFNZs> (2010)
- Background Actor, "Rookie Blue" (2010)
- Background Actor, "Nikita" (2010)
- Background Actor, "Being Erica" (2010)
- Background Actor, "Skins" (2010)
- Background Actor, "The Vow" (2010)
- Background Actor, "The Kennedy's" (2010)
- Background Actor, Paper Lions music video "Lost the War" (2010)
- Background Actor, "Plastic Makes Perfect" (2009)

FITNESS COMPETITION RESULTS

- 1st Place 2009 Fitness Star Montreal, Muscular Model
- 3rd Place 2009 UFE Nationals, Figure Elite
- 11th Place 2009 UFE Nationals, Fitness Model Elite
- 2nd Place 2009 UFE Spring Bash, Figure Open
- 3rd Place 2009 UFE Spring Bash, Fitness Model Open
- 2nd Place 2008 FAME World Championships, Fittest Duo
- 2nd Place 2008 FAME Regionals, Fitness Model Open
- 2nd Place 2008 FAME Regionals, Muscle Model Open

***** EDUCATION *****

Canadian School of Natural Nutrition, Toronto Branch (2010-Present)

- Diploma in Holistic Nutrition (P/T, 2 yr program)

Art History, York University (2002-2006)

- Bachelor of Arts in Art History (Specialized Honours)