

# Isabella M. Cosme

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## Apprentice Member Of ACTRA Canada

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**Formal Training:** ACTRA Actors Workshop, Ottawa, ON Canada-  
**Instructor:** Gilles Plouffe (40 hours, Scene Study, Acting For Film & Television and Acting For The Camera)  
**Audited Courses:** Tom Toderoff - Los Angeles, CA (Scene Study)

**Education:** Business/ Fine Arts Diploma, St. Lawrence College, Kingston, ON Canada

**Languages:** English & Portuguese

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**Birth Place:** Azores, Portugal, **Date Of Birth:** April 26, 1964, **Height:** 5'4", **Weight** 120 lbs. **Eyes:** Pale Brown, **Hair:** Black

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## Work History

<b>June 2002</b> Weaver Productions	Urban Tai Chi II Video	(Martial Artist)	Dream  Producer: G. Deslaurier Ottawa, ON
<b>June 2001</b>	Paradise Seekers Series	(Lead/ Vacationer)	Sound Venture Productions/OLN Producer: Kelly O'Keefe On Location/ Mexico
<b>November 2000</b> Videos	Urban Tai Chi Video	(Martial Artist)	CIA  Producers: G. Deslaurier/G. Twombly Philadelphia, PA.
<b>November 2000</b> Videos	Kamikaze Video	(Martial Artist)	CIA  Producers:

G. Deslaurier/G.  
Twombly  
Philadelphia, PA.

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## Special Skills & Experience

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**Arts:** Artistic Painting - Trompe L'Oeil - Faux Finishing - Murals - Writing - Public Speaking.

**Protocol:** Tour with NATO 1991-1992, Rome Italy- Included, Public Relations and Appearances, Extensive Travel, Improvisational Speeches in Portuguese to NATO Delegates.

**Sports:** Former Competitive gymnast and track athlete (above average speed, strength and flexibility) - Group Fitness & Specialty Dance, Yoga, Tai Chi, Kick Boxing Instructor, Martial Artist, Personal Trainer, Water skiing, Deep sea fishing, Kayaking, Canoeing, hiking, Cycling, Running & Swimming.

**Other:** High ladders and scaffolding- Drives standard, Jet skis, Motorboats, Small tractors & 3 Wheelers.